

Prospect Park, PA — Volunteering at a local food pantry, Congressman Joe Sestak (D-PA) today sorted food at the Loaves and Fishes Food Pantry during its annual postal workers food drive.

Letter carriers from area post offices collected donations to the food pantry to benefit local families in need. The letter workers food drive, now in its fifth year, collects 12,000 to 15,000 pounds of food annually for the food pantry.

“Loaves and Fishes Pantry provides meals to 10,000 to 12,000 individuals annually in Delaware County. The combined work of local letter carriers and Loaves and Fishes Pantry provides an important service to families in our local community,” said Rep. Sestak. “I’ve been honored to work with them three times over the past few years and look forward to working with them in the future.”

Rep. Sestak has a strong commitment to creating jobs and improving the economic welfare of Pennsylvania families. As Vice Chairman of the Small Business Committee, Rep. Sestak has worked to support new and small businesses through open access to loans, credit and capital, advocates fair and true tax relief for small business, and work to reduce onerous regulations and paperwork. Recently, he held a summit on Economic Development, which brought together local chambers of commerce, business owners, economic development professionals, elected officials, union leaders, and members of the higher education and advanced training communities to discuss and work on strategies to enhance the local and regional economy.

In addition, Rep. Sestak and Chairwoman Nydia Velazquez of the Small Business Committee are holding an additional economic summit in June to help address the needs of our local economy. Congressman Sestak has cosponsored the Family Small Business Tax Fairness Act (H.R. 868) with Congressman Lloyd Doggett (D-TX) to streamline small business joint-tax filings and through his work on the Education and Labor Committee he helped increase the federal minimum wage to \$7.25 an hour by joining Chairman George Miller in introducing and voting on the Fair Minimum Wage Act (H.R. 2).

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "DeepBlue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever to serve in the U.S. House of Representatives.